

## EHS Hot Lunch Menu/Order Form

Month: FEBRUARY 2018

Please submit lunch orders to the EHS office by Friday, January 26

Student Name:

Grade:

DAY	DATE	MEAL DESCRIPTION	\$6.00 ea	Add'l portion \$2.00 ea
Thursday	2/1	Tuna sandwich with tomatoes, pickles, and chips. Served with fresh fruit. Cheese quesadilla with salsa, cheese, sour cream. Served with raw vegetables, hummus, and fruit.		
Friday	2/2	2 slices of pizza served with fresh fruit and a crisp caesar salad, yummy croutons, and shaved parmesan cheese. Cheese quesadilla with salsa, cheese, sour cream. Served with raw vegetables, hummus, and fruit.		
Monday	2/5	BRING YOUR OWN LUNCH		
Tuesday	2/6	Yogurt bar with all the fixings, including homemade cinnamon granola, warm mini muffins, and croissants. Served with fresh fruit and a vegetable. Cheese quesadilla with salsa, cheese, sour cream. Served with raw vegetables, hummus, and fruit.		
Wednesday	2/7	Hot Dogs and french fries with all the fixings! Fresh fruit and vegetable also served. Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.		
Thursday	2/8	Grilled cheese sandwich with tomato soup. Fresh fruit and vegetable also served. Cheese quesadilla with salsa, cheese, sour cream. Served with raw vegetables, hummus, and fruit.		
Friday	2/9	Pizza bagels served with fresh fruit and vegetables. Cheese quesadilla with salsa, cheese, sour cream. Served with raw vegetables, hummus, and fruit.		
Monday	2/12	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.		
Tuesday	2/13	Light and fluffy scrambled eggs served with shaved cheddar cheese and homemade homefries drizzled with olive oil infused with fresh herbs. Fresh fruit and vegetable also served. Cheese quesadilla with salsa, cheese, sour cream. Served with raw vegetables, hummus, and fruit.		
Wednesday	2/14	Baked chicken dinner with roasted potatoes and vegetable. Fresh fruit also served. Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.		
Thursday	2/15	Veggies tacos served with all of the fixings and fresh fruit. Cheese quesadilla with salsa, cheese, sour cream. Served with raw vegetables, hummus, and fruit.		
Friday	2/16	2 slices of pizza served with crisp caesar salad, yummy croutons, and shaved parmesan cheese. Served with fresh fruit. Cheese quesadilla with salsa, cheese, sour cream. Served with raw vegetables, hummus, and fruit.		
Monday - Friday	2/19-2/23	NO SCHOOL - FEBRUARY BREAK		
Monday	2/26	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.		
Tuesday	2/27	Light, fluffy waffles infused with cinnamon and sugar served with warm maple syrup, fresh fruit smoothies and a vegetable. Cheese quesadilla with salsa, cheese, sour cream. Served with raw vegetables, hummus, and fruit.		
Wednesday	2/28	Pasta with homemade meat sauce, crispy salad with peppers, cucumbers, and tomatoes topped with a homemade dressing. Served with fresh fruit. Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.		
TOTAL				

\*Remember to make your pancake choice - chocolate chip or plain.

\*Checks can be made payable to Cara's Kitchen.

\*For each day that has 2 choices, please indicate which meal you are selecting.