

## EHS Hot Lunch Menu/Order Form

Month: MARCH 2018

Please submit lunch orders to the EHS office by Friday, February 16

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_

DAY	DATE	MEAL DESCRIPTION	\$6.00 ea	Addtl portion \$2.00 ea	TOTAL
Thursday	3/1	Warm and bubbly macaroni and cheese with cheddar, monterey jack, and parmesan cheeses. Served with fresh fruit and roasted vegetables drizzled with olive oil and fresh herbs.			
		Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
Friday	3/2	Pizza bagels served with fresh fruit and vegetables.			
		Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
Monday	3/5	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.			
Tuesday	3/6	Pancake Day - chocolate chip or plain - delicious fluffy pancakes with warm maple syrup (indicate choice of pancake). Served with fresh fruit smoothies and vegetable.			
		Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
Wednesday	3/7	Good for your soul homemade chicken soup with vegetables, fresh herbs, and ditalini pasta. Fresh fruit also served.			
		Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit			
Thursday	3/8	Rice and Beans - black beans cooked for 3 hours with onions and garlic served with rice infused with olive oil. Roasted vegetables drizzled in olive oil and fresh garlic. Fresh fruit also served.			
		Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
Friday	3/9	2 slices of pizza served with crisp caesar salad, yummy croutons, and shaved parmesan cheese. Served with fresh fruit.			
		Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
Monday	3/12	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.			
Tuesday	3/13	Light and fluffy french toast infused with cinnamon and sugar with warm maple syrup. Fresh fruit smoothies and vegetable also served.			
		Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
Wednesday	3/14	NO SCHOOL			
Thursday	3/15	Baked potato bar served with all the fixings. Roasted vegetables drizzled with olive oil and fresh herbs. Fresh fruit also served.			
		Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
Friday	3/16	Pizza bagels served with fresh fruit and vegetables.			
Monday	3/19	Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
Tuesday	3/20	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.			
		Light, fluffy waffles infused with cinnamon and sugar served with warm maple syrup, fresh fruit smoothies and a vegetable.			
Wednesday	3/21	Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
		Chicken tenders served with rice, vegetables, and a fresh fruit.			
Thursday	3/22	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.			
		Tuna sandwich. Fresh fruit and vegetable also served.			
Friday	3/23	Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
		2 slices of pizza served with crisp caesar salad, yummy croutons, and shaved parmesan cheese. Served with fresh fruit.			
Monday	3/26	Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
Tuesday	3/27	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.			
		Yogurt bar with all the fixings, including homemade cinnamon granola, warm mini muffins, and croissants. Served with fresh fruit and a vegetable.			
Wednesday	3/28	Pasta with homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.			
		Baked chicken dinner with roasted potatoes and a vegetable. Served with fresh fruit.			
Thursday	3/29	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.			
Friday	3/30	NO SCHOOL			
TOTAL					

\*Remember to make your pancake choice - chocolate chip or plain.

\*Checks can be made payable to Cara's Kitchen.

\*For each day that has 2 choices, please indicate which meal you are selecting.