



FEBRUARY '19 LUNCH MENU

DATE	MENU ITEM: All meals provided are served with a seasonal fruit
Fri - 2/1	Pizza Friday served with mixed salad
Mon - 2/4	Cheese ravioli served with marinara sauce or butter and mixed salad
Tues - 2/5	Vegetarian taco bar (tomatoes, corn, guacamole, beans, and lettuce) with salsa
Wed - 2/6	Chicken and vegetable stir fry with brown rice
Thur - 2/7	Grilled cheese served with creamy tomato soup
Fri - 2/8	Veggie burgers served with lettuce and tomato and oven fries
Mon - 2/11	Egg and cheese quiche with roasted vegetables and a smoothie
Tues - 2/12	Salad bar (beans, lettuce, tomato, hard boiled eggs, tofu, cheese, and croutons) with pita
Wed - 2/13	Chicken schnitzel served with dipping sauces and cucumber and tomato salad
Thur - 2/14	Baked ziti with caesar salad
Fri - 2/15	Pizza Friday served with mixed salad
Mon - 2/18	NO SCHOOL - February vacation
Tues - 2/19	NO SCHOOL - February vacation
Wed - 2/20	NO SCHOOL - February vacation
Thurs - 2/21	NO SCHOOL - February vacation
Fri - 2/22	NO SCHOOL - February vacation
Mon - 2/25	Turkey sandwich with hummus and sliced vegetables for dipping and chips
Tues - 2 /26	Baked potato bar (sour cream, beans and shredded cheese) with roasted broccoli
Wed - 2/27	Turkey meatloaf with roasted vegetables
Thurs - 2/28	Zucchini lasagne with mixed salad