



APRIL '19 LUNCH MENU

DATE	MENU ITEM - <i>All meals provided are served with a seasonal fruit</i>
Mon - 4/1	Scrambled eggs and yogurt bar with fresh fruit and granola
Tue - 4/2	Falafel, hummus, pita and Israeli salad
Wed - 4/3	Grilled chicken schnitzel with an assortment of roasted vegetables
Thur - 4/4	Bean and cheese burritos served with chips and salsa
Fri - 4/5	Pizza served with salad
Mon - 4/8	Baked ziti with caesar salad
Tue - 4/9	Teriyaki tofu served with vegetable lo mein
Wed - 4/10	Baked potato bar (with sour cream, bacon bits, beans & guacamole) and a side of roasted broccoli
Thur - 4/11	Taco bar - make your own taco with a side of corn
Fri - 4/12	Ravioli served with marinara or butter sauce and salad,
Mon - 4/15	Turkey sandwich with chips and hummus with sliced vegetables for dipping
Tue - 4/16	Latkes with applesauce or sour cream served with Israeli salad and chickpeas
Wed - 4/17	Chicken and vegetable stir fry with brown rice.
Thur - 4/18	Salad bar with beans, lettuce, hard boiled eggs, tofu, cheese, croutons
Fri - 4/19	NO SCHOOL - Passover
Mon - 4/22	NO SCHOOL - Passover Break
Tue - 4/23	NO SCHOOL - Passover break
Wed - 4/24	NO SCHOOL - Passover break
Thur - 4/25	NO SCHOOL - Passover break
Fri - 4/26	NO SCHOOL - Passover break
Mon - 4/29	Breaded fish sticks with a side of tartar sauce, carrots and hummus
Tue - 4/30	Homemade macaroni and cheese served with sliced peppers and cucumbers and a fruit smoothie