



MAY '19 LUNCH MENU

DATE	MENU ITEM - <i>All meals provided are served with seasonal fruit</i>
Wed - 5/1	Grilled chicken schnitzel with an assortment of roasted vegetables
Thur - 5/2	Pasta Primavera
Fri - 5/3	Pizza served with salad
Mon - 5/6	Mediterranean chopped salad in pita with feta cheese on the side
Tue - 5/7	Scrambled eggs and yogurt bar with fresh fruit and granola
Wed - 5/8	Breaded fish sticks with a side of tartar sauce and oven fries
Thur - 5/9	Bring your own lunch: The school will provide pita, Israeli salad, hummus and cupcakes for all students to celebrate Israel's independence day.
Fri - 5/10	Ravioli served with marinara or butter sauce and mixed green salad
Mon - 5/13	Black bean burger with lettuce and tomato, served with sweet potato fries
Tue - 5/14	Bean and cheese burritos served with chips and salsa
Wed - 5/15	Chicken patties with lettuce, tomato, and coleslaw
Thur - 5/16	Roasted vegetable panini with a yogurt and feta dipping sauce
Fri - 5/17	Pizza served with a salad
Mon - 5/20	Turkey sandwich with chips and hummus with sliced vegetables for dipping
Tue - 5/21	Cheese tortellini with butter or marinara sauce and caesar salad
Wed - 5/22	Sloppy Joe's with mixed green salad and tomato
Thur - 5/23	Double-decker grilled cheese sandwich served with cucumber and chickpea salad
Fri - 5/24	Vegetarian taco bar with tomatoes, corn, guacamole, beans and lettuce with salsa
Mon - 5/27	NO SCHOOL Memorial Day
Tue - 5/28	Homemade macaroni and cheese served with sliced cucumbers and peppers and a fruit smoothie
Wed - 5/29	BBQ chicken breast with roasted broccoli and mini potatoes
Thurs - 5/30	Vegetarian sausage served with pumpkin & potato pancakes
Fri - 5/31	Cheese calzone served with a mixed green salad