



January 2021 Lunch Menu

All menu items are kosher.

Date	Offering
Mon. 1/4	Egg and cheese bagel sandwich, roasted potatoes and fresh fruit
Tue. 1/5	chicken tacos with rice and veggies, sorbet
Wed. 1/6	Cheesy pasta bake, spring mix greens, hot bread, cookie
Thu. 1/7	Turkey sandwich served on whole wheat bread, pickles, chips and fresh fruit
Fri. 1/8	Adeas: Falafel in pita with Israeli salad, hummus, jasmine rice, fresh fruit
Mon. 1/11	Roasted bbq chicken drumsticks, roasted potatoes, roasted veggies, fresh fruit
Tue. 1/12	Roasted Winter vegetable and cheddar quiche, apple/arugula salad, apple crumble cake
Wed. 1/13	Vegetable minestrone soup, spring mix salad, warm Irish bread with honey butter
Thu. 1/14	Sloppy joes served on a hot roll, cole slaw, fruit cup
Fri. 1/15	Adeas: Homemade chicken shwarma with jasmine rice, hummus, fresh fruit
Mon. 1/18	NO SCHOOL - MARTIN LUTHER KING DAY
Tue. 1/19	Chicken burrito bowl served over rice, corn and beans, grape cup
Wed. 1/20	flat bread pizza, spring mix salad, angel cake with berries and cream
Thu. 1/21	Veggie and cheese stuffed baked potatoes, side slaw, cookie bar
Fri. 1/22	Adeas: Homemade chicken fingers with ziti, veggie sticks
Mon. 1/25	Pesto cheese tortellini, spring mix salad, cookie
Tue. 1/26	Blueberry french toast bake, yogurt parfait with mixed berries and granola
Wed. 1/27	Flaky broccoli cheddar hand pies, roasted potatoes, ice cream bar
Thu. 1/28	Crispy fish and chips, carrots and dip and chocolate pudding cake cup
Fri. 1/29	Adeas: Vegetable stew (potatoes, carrots) served over cous cous, with salad, fresh fruit