



LUNCH MENU - May '22

MAY	
Date	Offering
Mon - May 2	Baked ziti with warm bread, spring mix & Italian ice
Tue - May 3	Chicken vegetable kabob with a side of rice. Fresh fruit
Wed - May 4	Blueberry, french toast bake with granola & orange slices
Thur - May 5	Homemade cheese pizza, mixed green salad & an ice cream bar.
Fri - May 6	Adea's: Falafel in Pita, veggie sticks, hummus & jasmine rice on the side
Mon - May 9	Cheese quesadilla with chips salsa & a cookie
Tue - May 10	Baked haddock with zucchini squash sauté over rice. Chocolate pudding cup w/berries-n-cream
Wed - May 11	Veggie/cheese roll up, chips, pickles & watermelon slice
Thur - May 12	Homemade flatbread pizza, veggie sticks with dipping sauce, & an ice cream bar
Fri - May 13	Adea's: Meat Puff pastry, veggie sticks & roasted cauliflower
Mon - May 16	Turkey lettuce tomato on whole wheat bread, chips & pickles. Watermelon slice
Tue - May 17	Greek salad with chickpeas, feta pita bread. Rice crispy squares
Wed - May 18	Fish-n-chips with veggie sticks and an ice cream bar
Thur - May 19	Homemade Cheese pizza, spring mix salad and an Italian Ice cup
Fri - May 20	Adea's: Hot dog in a bun, potato wedges & veggie sticks
Mon - May 23	Pesto pasta, mixed greens, hot bread & fresh fruit
Tue - May 24	Beef, black bean and rice burrito with salsa and chips. Fresh fruit
Wed - May 25	Egg and cheese bagel sandwich, hash browns, & yogurt-berry parfait
Thur - May 26	Homemade Cheese pizza mix greens & fresh fruit
Fri - May 27	Adea's: Homemade chicken fingers, jasmine rice & veggie sticks
Mon - May 30	NO SCHOOL - Memorial Day
Tue - May 31	Asian veg/chicken noodle bowl, italian ice cup