



## LUNCH MENU - NOVEMBER 2022

DATE	LUNCH OFFERING
Tue 11/1	Tomato alphabet soup with a grilled cheese sandwich & fresh fruit
Wed 11/2	Home-Made Pizza with Garden Salad. Pudding Cup with Berries & Cream
Thurs 11/3	Salmon poke bowl with rice, a variety of toppings (Asian Dressing) & a fresh pineapple cup
<b>Fri 11/4</b>	<b>Adeas: Chicken soup, Noodles, Israeli Croutons and roll</b>
<b>Mon 11/7</b>	Hummus plate with veggies and pita bread. Angel food cake with berries and cream
Tue 11/8	French toast bake with apple cinnamon compote. Yogurt granola cup
Wed 11/9	Stuffed pizza bread with side salad. Pumpkin chocolate chip cookie
Thur 11/10	Vegetarian Chili topped with cheddar cheese side of chips and salsa. Corn bread muffin
<b>Fri 11/11</b>	<b>NO SCHOOL - Parent Teacher Conferences</b>
<b>Mon 11/14</b>	Fish sticks and French fries with a side of coleslaw and fresh fruit
Tues 11/15	Cheesy veggie burger with French fries and pickles. Apple crisp and whipped cream
Wed 11/16	Homemade Cheese Pizza, side salad & a ice cream bar
Thur 11/17	Egg & Cheese Sandwich on an English Muffin, roasted potatoes & yogurt granola cup
<b>Fri 11/18</b>	<b>Adeas: Roasted chicken drumstick, jasmine rice, and corn.</b>
<b>Mon 11/21</b>	Cheese quesadilla, chips & salsa & a fruit cup sorbet
Tues 11/22	Asian vegetable stir fry over jasmine rice & a fortune cookie
Wed 11/23	<b>NOON DISMISSAL</b>
Thurs 11/24	<b>NO SCHOOL - Thanksgiving Break</b>
<b>Fri 11/25</b>	<b>NO SCHOOL - Thanksgiving Break</b>
<b>Mon 11/28</b>	Pasta Marinara, mixed greens, focaccia sticks & a rice crispy treat